

Dr. Mildred D. Williams Curriculum Vitae

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OBJECTIVE

To work serving individuals where I can continue to educate, train, & develop meaningful working relationships~ while also demonstrating integrity and modeling a strong moral and ethical character.... thus, empowering these individuals to grow holistically (mentally, emotionally, spiritually and socially.)

AREAS OF SPECIALTY

- Individual, Group and Family Counseling
- Grief and Loss Issues
- Spiritual Life Coaching & Mentorship
- Christian Education & Training/Pastoral Education
- Sexual Addiction & Treatment
- Case Management
- Ethical/Servant Leadership
- Mental and Emotional Disorders
- Professional & Ethical Issues
- Interpersonal Relationships
- Substance & Alcohol Dependency & Treatment
- Client Confidentiality/Informed Consents
- Church/Ministry Administration
- Multiculturalism/Diversity

PROFESSIONAL EXPERIENCE

Southern Wesleyan University Central, S.C. August 2008 - Present
Associate Professor of Psychology/Human Services Coordinator for Traditional & Online/Practicum-Internship Coordinator for Traditional & Online /Adjunct- Affiliate Professor

Responsible for teaching or has taught the following courses, however not limited to only these courses:

Advanced Social Problems; Gender Issues; Foundational Issues in Human; Services; General Psychology; Practical Counseling Skills; Management Issues in the Helping Profession; Applied Psychology & Effective Management; Human Growth & Development; Community Development; Sociology of the Family/Family Studies; Social Psychology; Negotiation & Conflict Resolution; Professional & Ethical Issues; Adolescent Psychology; Introduction to Counseling; Multicultural Counseling; Character and Personal Effectiveness; Personal Wholeness/Freshman Seminar/Foundations of Success; Addictions Counseling; Spirituality & Counseling; Race & Ethnic Relations; Information Literacy; Introduction to Sociology; Topics in Case Management; Forensic Psychology; Group Dynamics; Crisis Intervention; Human Diversity; Capstone and Practicum/ Internship.

Teach both undergraduate students and has taught adult learners both Face-to-face as well as online in all subjects listed. (See "Full List of Course Taught" in this Vitae').

A variety of teaching methods are used such as PowerPoint Presentations, educational lectures, audio-visual education, guest speakers, experiential exercises, class presentations, case studies, in class group assignments examinations and term/ research papers are issued as class requirements. Also, issue appropriate student academic advisement as well as practicum group & individual supervision. Supported developing online Human Services degree program. Skilled in curriculum writing and development for both face-to-face as well as online curriculum development. Developed the following curriculums for the both the Human Services AGS (Adult Graduate Studies) Hybrid and Online Degrees:

- PSYC 3733 -Group Dynamics
- PSYCH 3753- Practical Counseling Skills
- PSYCH 3763- Multicultural Counseling
- SOSC 3003- Topics in Case Management
- SOSC 3053- Professional & Ethical Issues
- SOSC 3503- Advanced Social Problems
- Major and Minor Revisions have also been made to several of the syllabuses on courses taught.

Involved in the online development of both the Undergraduate Human Services Degree program and the Masters in Counseling Psychology Graduate Degree program- (which will begin Spring 2021.)

Clemson University, Clemson-Greenville, S.C.
Adjunct Professor

August 2008- December 2008

Responsible for teaching the following course:

- Practicum: Taught Masters level students who are completing a community counseling degree. A variety of teaching methods were used such as power point presentations, group & individual supervision. Also issued appropriate student academic advisement as needed.

Webster University, Greenville, S.C.
Adjunct Professor

August 2005- August 2009

Responsible for teaching the following courses:

- Techniques of Substance Abuse Counseling & Foundations of Counseling: Taught Masters Level student's techniques to support their becoming clinicians. A variety of teaching methods are used such as power point presentations, educational lectures, audio-visual education, guest speakers and class presentations, examinations and research papers were issued as class requirements.

Anderson University, Anderson, S.C.
Drive Smart Program Coordinator

March 2008-May-2008

Responsible for:

- Developed and implemented programming for the students pertaining to Alcohol & Drugs. Also, worked with local high school students implementing alcohol and drug awareness for the student body. Worked closely with area community partners, i.e. police department; treatment providers and local clergy utilizing their input to help target and minimize issues surrounding underage drinking in the community. Developed peer mentor programming for the college student body where these students would eventually be trained to educate & support outreach at the local high schools.

Webster University, Greenville, S.C.
Academic Advisor for Counseling Degree Program

July 2007-December 2007

Responsible for the following:

- Worked closely with Master Degree students helping develop their Program Planning Worksheets for their academic duration. Helped design programming for students on academic probation as well as worked with those who were admitted under a "Contingency Status". Finally, worked with students to make sure they completed all designated classes for graduating. Also, supported those students with completing all appropriate documentation for "Petitions to graduate".

Greenville Hospital University Medical Center, Greenville, S.C.
Director ADDLife Addictions Services/Lead Counselor

May 1990-February 2008

Responsibilities included but were not limited to:

- Supervising a staff of three including working closely educating several social work and counseling interns, medical students, nursing students, pharmacy students and community clergy and faith leaders. Responsible for implementation and writing policies and procedures for the ADDlife Program while following Joint Commission Accreditation Standards, developed appropriate performance improvement or tools, performance evaluations, developing treatment plans, discharge and referral options, consults, treatment teams, conduct group, individual and family sessions. Developed & implemented the Dual Diagnosis (Mental Illness/Addiction) programming for the patient population at Marshall I. Pickens Psychiatric Hospital. Developed patient workbooks to help facilitate in their recovery. Also, developed, implemented and taught several annual sessions in the hospital setting. The purpose of these forums was to teach faith leaders, clergy, parish nurses, hospital chaplains and others about various addictions and mental health issues. Worked closely with the Greenville Hospital Systems Pastoral Care Services Department, community pastors, ministers and faith leaders helping them make appropriate referrals if needed. Continued to develop strong community collaboration with other outside agencies and the twelve-step program.

Greenville Technical College, Greenville, S.C.
Adjunct Professor

February 2002-September 2004

Responsible for teaching the following courses:

HUS 208-Alcohol and Drug Abuse and HUS 217-Addictions Counseling. Taught students who were working on their associate's degree in human services. Used various teaching methodologies to support student learning such as educational lectures, class presentations, speakers and individual and in class group assignments.

Pride Program/East Orange General Hospital, East Orange, N.J. June 1989- March 1990
Primary Counselor

Responsibilities included but were not limited to:

Case management working with approximately 50-60 adults in the partial hospitalization program. Provided patients with individual, group and family counseling sessions. Issued didactic teaching and psycho-education groups. Conducted the women's codependency group weekly and a weekly multi-family group therapy.

Newark Renaissance House, Newark, N.J. June 1987-June 1989
Addictions Counselor

Responsibilities included but were not limited to the following:

Worked with adolescents between the ages of 12-17 years old who suffered from addiction, mental health, family, legal and vocational issues. Worked in this therapeutic community utilizing behavior modification techniques to support clients getting better. Issued individual, group and family counseling with clients. Worked closely with the juvenile justice system and the school district to further enhance and support client progress. Develop outside collaboration with twelve-step support groups for sponsorship and mentorship for the adolescents.

Qualifications/ Certifications

- 30 years plus of Clinical Counseling/Educational Experience; teaching and conducting Professional Conferences for Women, Faith Based Leaders, Clergy, Healthcare Providers, Medical Students, Nursing Students, Pharmacy Students, Social Workers and Mental Health Specialist. Along with various other Professionals.
- QPR- Suicide Prevention Certified Gatekeeper- April 27th,2020
- "Darkness to Light" Certified- Identifying childhood sexual abuse-PCAC- April,2,9 & 16th, 2019
- Title IX Investigator for Southern Wesleyan University-Effective July 10th 2018
- Mental Health First Aid Certified for Adults- July 23 & 24,2018
- Mental Health First Aid Certified for Adolescents- July 31,2018
- 17 years of experience teaching in a University setting. Teaching Traditional students and adult learners in both a Technical College and a four-year university. Experience teaching face-to-face, hybrid and online courses.
- South Carolina State Certified Clinical Addictions Counselor Level II (C.A.C. II) Since May, 1990- S.C. Association of Alcohol and Drug Abuse Counselors. (SCAADAC). Pursuing Re-Certification Status
- Graduate Certification in Professional Counseling since October, 2003- Capella University.
- Completed the Minority Mentorship/Leadership Institute through Mid- Atlantic Addiction Transfer Technology Center with Virginia Commonwealth University. Currently acts as a mentor for three minority female protégés who all serve in Leadership capacities.....one being in Raleigh, N.C. area. 2007
- Former President for Congress of Christian Education with the Progressive National Baptist Convention, Washington, DC- 2006-2007
- S.C. Addiction Fellows Program. Completed year long program- 12/08 through the Addiction Recovery Institute / Duke University Endowment.
- Grief Facilitator for "Parrot Pals" grief support group for children between ages 5-

- 18. Conducted the adolescent group (13-18) at Brookwood Community Church. (2009-2010). Continue to act as a consultant when needed.
- Consultant to Clergy for the Baptist Ministers Fellowship in Greenville & Vicinity. Teach on issues that may have a direct impact on the church & ministry. Also, alert Pastors about Community resources as needed for their parishioners as well as for the Pastor who may be struggling if needed. Ongoing Faith-based consultant.
- Formerly contracted with SC DHEC, Columbia, S.C. from 2007 to 2016 taught clinical personnel who served the HIV/AIDS population. Taught "Understanding Sexual Addiction". These workshops were offered two to three times a year~ in May, July or December
- Currently pursuing the Human Services-Board Certified Practitioner (HS-BCP) Certification.
- **Volunteer Services:**
 1. Former Hospice Volunteer with Kindred Hospice & Amedisys Hospice
 2. Cook & Served and mentored residents who are homeless with HIV/AIDS with Stephens House & Project Care~ Greenville, SC.
 3. Cooked and Served at Our Daily Rest~ Seneca, S.C.
 4. Served at Gleaning House Ministries & Food Pantry~ Pickens, S.C.
 5. Supported residents at Dream Center of Pickens County through individual & group coaching~ Easley, S.C.
- Memberships and Awards:
 - Member of the Board of Directors at Pendleton Place, Greenville, SC- Since August 2019.
 - Voted as the SC Independent Colleges and Universities (SCICU) 2019~ Excellence in Teaching Award/Southern Wesleyan University Faculty Member of the Year 2019

EDUCATION

- **Bachelor of Art Degree (B.A.) - May, 1987**
Psychology/Sociology
Rutgers University, New Jersey
- **Master of Art Degree (M.A.) - March, 1998**
Clinical Counseling-Emphasis in Mental Health
(Distinguished Graduate Status)
Webster University, South Carolina
- **Master of Art Degree (M.A.) - December, 1998**
Human Resource Development
(Distinguished Graduate Status)
Webster University, South Carolina
- **Worked towards pursuing a PH. D- (ABD) 2001-2008 (Intermittent)**
Human Services
Capella University, Minnesota
- **Doctor of Philosophy (PH. D) –** Formerly Tennessee Temple University in Leadership since Spring 2013. Degree is now being pursued through Piedmont International University after merger in 2015- Merger with University re-named ~ Carolina University August 2020-Winston-Salem, NC.
Completed- November/2020.
Dissertation Topic:
From the Pastor's Desk: A Quantitative Analysis of African American Pastor's leading with Congregants Experiencing Mental Health Issues.

PUBLICATIONS

- Publication: Williams, M.D. (2002). ***A New Beginning Recovery Workbook: Reproducible Exercises to Help People Overcome Addictive Behaviors.*** Plainview, New York: Wellness Reproduction and Publishing Company.
ISBN: 1-893277-09-7
- Publication: Williams, M.D. (2002). ***A New Beginning Recovery Card Game.*** Plainview, New York: Wellness Reproductions and Publishing Company.
- Currently working towards completion of manuscript for "***A New Beginning Recovery Workbook: Reproducible Exercises to Help People Overcome Addictive Behaviors II.***" To be submitted to my new publisher- Guidance Group possibly within six months- one

year.

- Currently have a proposal completed for a children's book on grief. Possible submission for potential Publication Entitled "**Mommy, Where's Nanny?**" To be submitted to Lee & Low Publisher possibly within six months- one year.

COURSES TAUGHT &/OR DEVELOPED

- **New Course Developments for Master's Degree Program- Masters in Counseling Psychology Online at Southern Wesleyan University:**

PSYC 5053 Counseling Foundations & The Helping Relationship
PSYC 5003 Professional Orientation & Practice
PSYC 5803 Practicum
PSYC 5806 Internship I
PSYC 5856 Internship II

- **New Course Developments for Traditional for face-to-face or Online at Southern Wesleyan University:**

PSYC 3733- Group Dynamics
PSYC 3743- Crisis Intervention
PSYC 3763- Multicultural Counseling
PSYC 3783- Addictions Counseling
SOSC 2513- Family Studies
SOSC 2143- Human Diversity

- **Courses Developed from 7 Week format to 14 Week Format at Southern Wesleyan University 2020:**

SOSC 3003- Case Management
SOSC 4803- Practicum in Social Sciences

- **Courses Taught and Developed (Hybrid & Online) for Adult Graduate Studies Program at Southern Wesleyan University 2016-2017:**

SOSC 3003- Topics in Case Management
PSYCH 3753- Practical Counseling Skills

- **Courses Taught and Developed for Adult Graduate Studies Program at Southern Wesleyan University 2015-2016:**

SEMR 3003 -Character and Personal Effectiveness (twice)
SOSC 3073 - Management Issues in the Helping Profession (twice)

Taught the following courses online 2016:

PSYC 3353 Forensic Psychology
SOSC 2513 - Family Studies

Developed the following course for online 2016:

SOSC 2513 - Family Studies

Revised the following courses for AGS Hybrid/Online for 7-week format:

SOSC 3503 - Advanced Social Problems

SOSC 3053 - Professional & Ethical Issues in the Helping Profession

Full List of courses taught ~yet not limited to

At Other Universities:

COUN 5630 Techniques of Substance Abuse Counseling
(Taught at Webster University in the Master in Counseling with an emphasis in Clinical Mental Health Counseling Program)

HUS 108- Alcohol & Drug Abuse **(Taught at Greenville Tech in the Associates Degree Program in Human Services)**

HUS 208- Addictions Counseling **(Taught at Greenville Tech in the Associates Degree Program in Human Services)**

EDC 8360 Clinical Mental Health Practicum
(Taught at Clemson University in the Master of Education Program- Clinical Mental Health Counseling Specialization)

At Southern Wesleyan University:

PSYC 1204- Applied Psychology and Effective Management- (Taught in the AGS Program)

PSYC 2003- General Psychology

Gender Issues (Taught in the AGS Program)

PSYC 3013- Topics in Counseling (Spirituality & Counseling/Addictions Counseling)

PSYC 3113- Adolescent Psychology/Adolescent Development

PSYC 3123- Human Growth & Development

PSYC 3353- Forensic Psychology

PSYC 3403- Social Psychology

PSYC 3713-Introduction to Counseling

PSYC 3733- Group Dynamics

PSYC 3743- Crisis Intervention

PSYC 3753- Practical Counseling Skills

PSYC 3763- Multicultural Counseling

PSYC 3783- Addictions Counseling

PSYCH 4013- Psychopathology- (Taught in the AGS Program)

PSYCH 4453-Negotiation and Conflict Resolution

PSYC 490-498. Independent/ Directed Studies

SEMR 2323- Foundations of Success

SEMR 2513- Information Literacy

SEMR 3003- Character and Personal Effectiveness

SEMR 1551- Personal Wholeness I

SEMR 3551- Personal Wholeness III

SEMR 4551- Personal Wholeness IV

SOSC 1003 Introduction to Sociology

SOSC 2053. Foundational Issues in Human Services

SOSC 2123- Race & Ethnic Relations

SOSC 2143- Human Diversity **(NEW COURSE TO BE TAUGHT~ Fall 2020)**

SOSC 2513- Family Studies/ Sociology of the family

SOSC 3003- Topics in Case Management

SOSC 3053- Professional & Ethical Issues

SOSC 3073-Management Issues in the Helping Profession

SOSC 3503- Advanced Social Problems

SOSC 3603- Community Development

SOSC 4703- Capstone in Social Sciences

SOSC 4803- Practicum in Social Sciences

Semi-List of Training conducted:

1. Conducted workshops in July 2013 for ministries in the community. The Oolenoy River Baptist Association Congress of Christian Education & the Reedy River Association. Both consist of churches in the following counties Anderson, Greenville, Laurens, Oconee, Pickens, and Spartanburg. The workshop was entitled “**Becoming an emotionally healthy church**”
2. May/July/December from 2007-2016 - SC DHEC in Columbia- “**Understanding Sexual Addiction**”. Training counselors, social workers, nurses, clergy, HIV/AIDS workers and case managers on sexual addiction
3. Servant Leadership Institute on February 21, 2014 at SWU. Conducted workshop entitled “**Becoming an Emotionally Healthy Servant Leader**”
4. Facilitator for the Reedy River Association Congress of Christian Education July 21-24, 2014 teaching on various topics each night pertaining to **addiction, mental health issues & sexual addiction within ministry**
5. Conducted training through SC DHEC in Columbia where I teach on “**Understanding Sexual Addiction**”. I train counselors, social workers, nurses, clergy, HIV/AIDS workers and case managers on sexual addiction. This training was done on May 21st & 22nd, 2015. & December 17th & 18th, 2015 in Columbia. I have been conducting this training consistently for the past 8 years for SC DHEC.
6. Presented the following presentation entitled “**Importance of Addressing the Spirituality & Religious Beliefs of African American Clients**” for the National Organization for Human Services in Charlotte, N.C.- October 21-24th, 2015
7. Presented the following presentation entitled “**Importance of Addressing the Spirituality & Religious Beliefs of African American Clients**” for the Southern Organization for Human Services in Charleston, S.C. April 14-16th, 2016
8. Reedy River Association- Summit to Leadership School- July 18-21, 2016. Presented a course for church leaders, membership, & lay counseling ministry members entitled- “**How to develop a Christian counseling ministry**”
9. Completed training June 4th & 7-9th, 2016 with the Switch SC Program Volunteer Orientation- Switch’s mission is to end **human trafficking and sexual exploitation** in the Upstate of South Carolina through awareness, prevention, demand, intervention, and restoration. This training will support me working directly with clients and doing human trafficking outreach.
10. Workshop conducted-9/17/16-Missions Ministry for the Reedy River Association at Reedy River Missionary Baptist Church in Greenville, SC- Topic: “**Mental Illness in Ministry**”
11. November 14, 2017~7th Annual Help and Hope for the Holidays & Beyond Grief Seminar Sponsored by Interim Hospice; Mackey Mortuary; Dillard Mortuary & First Baptist Church of Greenville, SC **Topic: Blessed & Highly Favored:” Understanding the Importance of Spirituality, the Church and the Pastor in supporting the African-American Grief Process**
12. Kingswood Extended FLAME Course/**Sociology**- SOX 2011/SESSION 5 – 2018. Dates: September 11, 18, 25; October 2, 9, 16.
13. United Way of Greenville County/ New AmeriCorps Member Orientation ~ October 2018/November 2018~ “**Serving those with Substance Abuse & Mental Illness in the Community.**”

14. November 13th 2018~8th Annual Help and Hope for the Holidays & Beyond Grief Seminar
Sponsored by Interim Hospice; Mackey Mortuary; Dillard Mortuary & First Baptist Church of Greenville, SC
Morning Break out session:
Topic: Grief and Loss Due to Substance Abuse
Afternoon Break out session:
Topic: Stigma Surrounding Mental Illness & Grief & Loss
 15. United Way of Pickens County/AmeriCorps Member ~ December 2018 ~ **“Stress, Burnout & Compassion Fatigue.”**
 16. Long Branch Baptist Church- Greenville, SC.
January 12th, 2019~ **Topic: Grief & Loss Workshop for Leaders**
January 16th, 2019~ **Topic: Stages of Grief Workshop for congregation**
January 23rd, 2019~**Topic: How grief manifest itself**
 17. Consistently conduct **Grief and Loss** Groups on 2nd Tuesday evenings and 4th Saturdays
 18. Zoom online Educational Sessions pertaining to COVID 19 for Reedy River Baptist Church, Simpsonville, S.C.
For 2020: 6:30PM-7:30PM- Second Tuesday Each Month~ June 2nd; July 7th; August 4th; Sept. 1st; Oct. 6th
Topics:
 - a. June 2nd~ **Ways to do self-care during the pandemic~ take care of self, family with everything opening/Coping skills- mental health; see your doctor**
 - b. July 7th ~**Dealing with Anxiety & worry during the pandemic**
 - c. August 4th ~**Dealing with stress during the pandemic**
 - d. Sept 1st ~ **Developing a plan for your financial future during the pandemic**
 - e. Oct. 6th ~ **How to Grieve during the pandemic**
 19. Zoom online Educational Session~ **“Challenges Faced by African Americans Affecting Access to Behavioral Health”** ~ August 11,2020- for Mental Health America of Greenville County/Americorp-VISTA Leaders Orientation.
 20. Web-Ex Online Educational Session ~ **“The Black Church Grieving during the Pandemic”** ~ August 30, 2020- for Mount Sinai Baptist Church, Greenville, S.C.
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References

Dr. Steven Hayduk, Ph.D

Chair, Research Ethics & Compliance Committee

Chair, Social Sciences Division

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Senior Pastor

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