

SOUTHERN WESLEYAN UNIVERSITY
WOMEN'S LEADERSHIP CONFERENCE

*Refresh
and
Reset*



KEYNOTE SPEAKER

Yuri Cordero



MEDICAL UPDATES

Dr. Lisa Harding



SELF CARE

Essie Cade



MENTAL HEALTH

Treca DeShields MSW



GENERAL HEALTH

Dr. Manju Lakra

NOVEMBER 6, 2021 • 9AM-2PM • \$25/PERSON

Join us for a time to *Refresh and Reset* as we come together as women to build, encourage, and grow in the changing world before us. This event will be held in Southern Wesleyan University's Newton Hobson Fine Arts Center. Registration begins at 8:30am, conference will start at 9 am and will feature several guest speakers, including Yuri Cordero, Executive Producer of Primer Impacto.

To learn more and register, visit www.swu.edu/refresh



“For I will satisfy the weary soul, and every languishing soul I will replenish. Jeremiah 31:25